

# **BASKETBALL GYM SCHEDULE** Salina Family YMCA • Effective March 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
5:30-7:30 pm <b>Volleyball</b> ALL COURTS	5:30–7:30 pm <b>Volleyball</b> ALL COURTS	5:30–7:30 pm <b>Volleyball</b> ALL COURTS	5:30–7:30 pm <b>Volleyball</b> ALL COURTS	Open Gym	8:30 am-1:00 pm <b>Volleyball</b> ALL COURTS effective 4/6

## **GYM RULES**

- Dunking and hanging on basketball goals is not allowed.
- ONLY water is allow in the gyms.
- Please do not use profanity; we are a family facility

## **PICK-UP BASKETBALL**

Pick-up basketball games are for ages 18+ and take place Monday-Friday from 12:00-2:00 pm.

## PICKLEBALL

Access to Pickleball equipment is available upon request. Pickleball court open gym times are listed below: Monday– Friday 6:30am– Noon Sundays– Upon Request

## RACQUETBALL/HANDBALL

Access to racquetball courts is included in YMCA membership, and equipment is available for check out at the front desk.

#### **BE PART OF A TEAM**

Enroll for youth sports like basketball, soccer, football, volleyball, and baseball. Register at the front desk or online at salinaymca.org.

#### **BE A ROLE MODEL**

Become a volunteer YMCA Coach. Email Jerod Goodale, Sports Director, jgoodale@salinaymca.org for details.