

# HOURS & PRICING

**AGES** | 6 weeks to 9 years

**Your child may be in the Kids Gym for 2 hours during a morning shift and an afternoon shift.**

Monday	7:50am-1:00pm 3:15pm-8:30pm
Tuesday - Thursday	7:50am-1:00pm 3:15pm-8:00pm
Friday	7:50am-1:00pm 3:15pm-7:00 pm
Saturday	9:00am-1:00pm
Sunday	CLOSED

**HOLIDAY HOURS:** Please check our website for holiday hours.

**FEES** \*Corporate rates available  
 Monthly Bank Draft: (Best deal!)  
 \$15.00/mo (1 child) \$20.00/mo (2+ children)

**PUNCH CARD:** Purchase at the Welcome Center \$30.00/10 visits. One punch per child each visit

**PAY AS YOU GO:** Pay at the Welcome Center \$5/child each visit

## ACTIVITIES

We want your child's time in the Kids Gym to be a fun, enriching experience with activities, games and crafts that reflect the core values of the YMCA.

We will.....

- Give your child quality care while you participate in YMCA activities.
- Provide a safe experience involving fun activities including games, arts & crafts and free play.
- Provide a positive role model for your child, personifying the Y's core values of caring, honesty, respect and responsibility.



## KIDS GYM

Michelle Williams, Youth & Family Director  
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## YMCA MISSION

To put Christian principles into practice through programs that build healthy spirit, mind and body for all.

## WEATHER & EMERGENCY UPDATES

Follow us on Facebook or Twitter to receive notices for poor field conditions, weather cancellations, schedule updates and emergencies.

## STAY CONNECTED WITH US

Find what moves you! For daily schedules, push notifications and more. Download our APP from the APP Store.



**FOR YOUTH DEVELOPMENT®**  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY



# PLAY EVERY DAY

## Kids Gym

**SALINA FAMILY YMCA**



## Salina Family YMCA

570 YMCA Drive  
Salina, Kansas 67401  
785.825.2151 | salinaymca.org

SALINAYMCA.ORG |

# WELCOME

Your child's time in our Kids Gym will be a fun, enriching experience with activities, games, and crafts that reflect the core values of the YMCA.

**CHECK-IN:** All children must have a parent/guardian (18+) signed enrollment form on file at each YMCA Kids Gym that they utilize. For your child's safety, a parent/guardian is required to sign their child in and out of Kids Gym.

The parent/guardian who signs the child in must also sign the child out, unless prior arrangements have been made with Kids Gym staff. No one under the age of 18 is allowed to check kids in and out of Kids Gym. **Your child may be in the Kids Gym for 2 hours during a morning shift and an afternoon shift.**

**CHECKLIST:** Review this list to make sure your child is ready for Kid Zone.

- My child is wearing shoes and socks, and is dressed for play, crafts, etc.
- My child is in a clean diaper or has used the restroom.
- My child is well fed/nursed.
- All personal items are labeled with my child's name.
- I have brought all items needed to care for my child (i.e. plenty of diapers, wipes, and prepared bottles).

**CAPACITY:** The Kids Gym capacity is 35. However, the staff must maintain safe staff ratios at all times. Those numbers must be adjusted as to the number of infants and toddlers that are in the room. Older kids may be relocated with staff to different parts of the YMCA to maintain ratio.

**QUALIFIED STAFF:** Our caring and professional Kids Gym staff members are certified in CPR and First Aid to ensure the safety of your child during their visit.

In addition, staff members work hard to develop a variety of age-appropriate activities to keep your child active and engaged in Kids Gym.



# OUR POLICES

**AGES** | 6 weeks to 9 years

**CLOTHING:** For your child's safety, socks are required to be worn at all times. Winter items may be stored in the Kids Gym, but must be kept in an enclosed bag.

**CRYING:** For the comfort of all Kids Gym participants, we will page a parent if attempts to calm a crying child are unsuccessful after 15 minutes.

**FOOD & DRINK:** If you provide food and drink for your child, please bring only water or clear juice (milk allowed ONLY for infants) and healthy dry snacks. You may bring a cold sack lunch (lunches will not be warmed). Lunch is served from 11am-12pm. Drinks must be in spill-proof cups. **No candy, gum, raisins, or peanut products are allowed.** A small snack of Cheerios is occasionally offered with supervision. Formula bottles/breast milk bottles need to be prepared before dropping off. If bottles aren't made, we will need you to come back to make one for your infant.

**LEAVING THE YMCA:** Kids Gym is not a licensed child care facility. A parent/guardian **MUST** remain on YMCA property during the child's stay. Using the Y Fields/Trails are permitted, but an emergency contact number will be required. Failure to comply will result in revocation of Kids Gym services.

**ILLNESS:** Children showing signs of illness will not be allowed in Kids Gym. A child must be symptom-free for 24 hours in order to return. A doctor's note may be requested. If your child has a communicable illness or head lice, please notify the Kids Gym staff immediately so appropriate action can be taken.

**DIAPERS:** Please ensure that all children arrive in a dry and clean diaper. Diaper changing is done on an "as needed basis".

**LOST & FOUND:** The YMCA is NOT responsible for belongings left behind. Items will be placed in our lost and found department at the front desk for one week.

**MEDICAL INCIDENT PROCEDURES:** In the event of an accident, injury or medical incident requiring more than basic First Aid, a child's parent/guardian will be paged immediately and a Kids Gym staff member will call 911 as deemed necessary.

**LATE PICK-UP:** Late pick-up may result in additional fees or loss of service.

**ADJUSTING:** Kids Gym staff understands that some children may take time to adjust. Parents are encouraged to work with their child and help them feel comfortable.

- Visit the area with your child a few times, show them around and you may stay and play during the first visit.
- Leave your child for just a few minutes at first and then gradually increase your time away.
- Avoid the urge to drop in and see how your child is doing. It may cause the child to become upset. We will not let your child cry consistently for more than 15 minutes.
- Don't worry; we are experienced with handling new children.

**DISCIPLINE & BEHAVIOR ISSUES:** Our goal is to develop self-discipline and respect for others. When necessary, the following age-appropriate discipline will be used:

- We will use logical consequences and redirect children displaying inappropriate behavior. In some cases, supervised removal (time out) may be used.
- If a child is having excessive problems (i.e. biting, hitting, etc.) the parent will be paged and the child will be removed from Kids Gym.
- If behavioral issues continue, a child will be asked not to return for a period of time determined by the Kids Gym staff.

**TORNADO PROCEDURES:** In the event of a tornado, Kids Gym staff will escort children to the Family/COED locker room. Parents will be allowed to check out their child once all the children are safe.

**EVACUATION PROCEDURES:** In the event of a fire or other evacuation situation, the Kids Gym staff will escort all children out the emergency exit to the designated safe area (see Kids Gym desk for details). Parents will be allowed to check out their child once the situation is safe and all the children are secured.

## DISCLAIMER

It is the discretion of the Kids Gym Staff to close early if there are no children 1/2 hour before the regular closing time.