



# SALINA FAMILY YMCA

## Open Gym Schedule

### Effective 8/30/21—10/31/21

The Y offers the following open gym times as part of your membership. During times not listed below, the gyms are closed for youth sport leagues, YMCA EEC, childcare or instructional classes. All schedules are subject to change and can be found on our Y mobile app, [salinaymca.org](http://salinaymca.org), and any YMCA membership desk.

#### CONNECT THROUGH OUR FREE APP



Find FULL SCHEDULES as well as register for programs, rewards, and much more in our FREE app. SEARCH FOR "SALINA FAMILY YMCA APP"

<b>COURT 1</b>	
Times listed below are available for recreational gym use.	
Sunday	10:00A–5:00P
Monday	4:30A –9:00P
Tuesday	4:30A –9:00P
Wednesday	4:30A –9:00P
Thursday	4:30A –9:00P
Friday	4:30A –9:00P
Saturday	2P –5:00P

<b>COURT 2</b>	
Times listed below are available for recreational gym use.	
Sunday	10:00A–5:00P
Monday	8P – 9P
Tuesday	8P –9P
Wednesday	8P –9P
Thursday	8P –9P
Friday	8P –9P
Saturday	2P –5:00P

<b>COURT 3</b>	
Times listed below are available for recreational gym use.	
Sunday	10:00A–5:00P
Monday	8P – 9P
Tuesday	8P – 9P
Wednesday	8P – 9P
Thursday	NONE
Friday	5:00P –9:00P
Saturday	7:00A –5:00P

Revised 08/16/20

#### GYM RULES

- Dunking and hanging on basketball goals is not allowed.
- ONLY Water is allow in the Gyms.
- Please do not use profanity; we are a family facility

#### PICK-UP BASKETBALL

Pick-up basketball games are for ages 18+ and take place Monday-Friday from 12–2:00P.

#### PICKLEBALL

Access to Pickleball equipment is available upon request. Pickleball court open gym times are listed below:

Monday– Friday 6:30am– Noon  
Sundays– Upon Request

#### RACQUETBALL/HANDBALL

Access to racquetball courts is included in YMCA membership, and equipment is available for check out at the front desk.

#### BE PART OF A TEAM

Enroll for youth sports like basketball, soccer, football, volleyball, and baseball. Register at the front desk or online at [salinaymca.org](http://salinaymca.org).

#### BE A ROLE MODEL

Become a volunteer YMCA Coach. Ask ANY Sports Director for details.