COMMUNITY IMPACT OF KANSAS YMCAs

45.4% of Y members and program participants are youth and seniors

11.4%
Number of seniors over age 55 served: 61,668

54.6%
Age 18-55

34.0%
Number of kids under age 18 served: 183,340

539,518 Kansans Served

The Y is, and always will be, dedicated to building healthy, confident, connected and secure children, adults, families and communities. As public charities, Kansas Ys serve 1 in 5 Kansans through programs, membership, services, and events.

1 in 4 Kansas Kids Nurtured

183,340 Kansas children achieve school readiness, academic success and healthy habits through Y services and programs. The Y is committed to evidence-based programs to close the achievement gap – our investment to ensure the success of the next generation.

Improving Kansas’ Health

The Y is saving lives and saving public dollars by supporting those battling chronic disease. LIVESTRONG at the YMCA supports cancer survivors’ health. Our Diabetes Prevention Program reduces risk for Type 2 diabetes in all adults by 59% (71% reduction for those over the age of 60). Enhance Fitness improves mobility of seniors with arthritis.

Creating Jobs

At the Y, helping kids, families and communities to learn, grow, and thrive requires strong, cause-driven leadership. Over 4,440 staff are employed by Ys in Kansas. A diverse workforce helps meet community needs every day.

$19.2 million in financial assistance

Struggling Kansas families and seniors received more than $16.4 million in free and assisted memberships and programs from YMCAs in 2015. No one is turned away for inability to pay, and our childcare assistance helps hardworking families keep working.

Kansas Ys relieved the burden of government by providing $3.2 million in front-line services through public grants, contracts and vouchers.

14,745 volunteers

The Y is a charity of choice for the Kansans who donated $16.5 million to the 10 YMCA associations, and an additional $6.6 million worth of time, to help strengthen Kansas communities.

KANSAS STATE ALLIANCE OF YMCAs • KSYMCA.ORG

*All data from 2015
DEDICATED TO COMMUNITY
Kansas Y Stories

‘The YMCA is family’

“The YMCA helped me when I had no one to turn to. They essentially became my family. I always told my kids, ‘You put God and education first, and you will succeed.’ Family is important, the YMCA is my family. I love it here. The YMCA continues to help in ways that people sometimes never realize. Thanks to the YMCA, my kids have been introduced to football, volleyball, soccer, basketball, swim team, and many other activities. Children today have many influences waiting for them. The YMCA helps kids get involved in sports and other fun after school activities. There are so many other unhealthy and damaging things children could be doing after schools, and on weekend, and the YMCA helps to deter that, helping to ensure a better future for them.”

Tina
Childcare Scholarship Recipient
YMCA of Southwest Kansas

Helping combat chronic disease

“At 38 years old, I have a high risk of developing diabetes. I have suffered from anxiety, depression and severe migraines. The YMCA has forever changed my life and my family’s life. Thanks to the Diabetes Prevention Program my life has been greatly impacted by improving my quality of life, my health, and my physical and emotional state. I weighed 183 pounds at the start of the program and had very unhealthy habits. However, in 12 weeks I have learned how to eat healthy, how to correctly portion my food, and the importance of exercising in my life. Today, I weigh 163 pounds and feel healthy. My anxiety, depression, and migraines have greatly decreased, and my self-esteem has greatly improved. Most importantly, my family has tremendously benefited from all of these changes in my life. I am very thankful for the YMCA scholarship I have received, the support the Y staff has given me, and the patience of my lifestyle coach.”

Mrs. Rodriguez
Diabetes Prevention Program participant and scholarship recipient
YMCA of Greater Kansas City

Building impactful relationships

“A part of our role and responsibility as a community is to make sure all of our students are really nurtured, they’re taken care of, they’re loved, and they’re supported. That narrows the achievement gap. We won’t be able to meet all the needs of our students. Just simple as that. The Y provides that partnership. They provide the expertise we don’t have. They’re able to connect with individuals in a community that I can’t connect with to really build that partnership and that bridge for students. Without the partnership with the Y, the needs of our students would go unmet.”

Dr. Jim Hinson
Superintendent, Shawnee Mission School District

COMMUNITY IMPACT » KANSAS STATE ALLIANCE OF YMCA's
10 YMCA associations serving Kansas

**CAMP WOOD YMCA – Elmdale**

**GREATER WICHITA YMCA**
- Andover YMCA
- Downtown YMCA
- East YMCA
- El Dorado YMCA
- Newton YMCA (Fall 2016)
- North YMCA
- Northwest YMCA
- South YMCA
- West YMCA
- YMCA Camp Hyde
- YMCA Farha Sports Centers

**JUNCTION CITY FAMILY YMCA/ARMED SERVICES YMCA**
- Junction City Family YMCA
- Ft. Riley Armed Services YMCA

**MCPHERSON FAMILY YMCA**

**PITTSBURG FAMILY YMCA**

**SALINA FAMILY YMCA**
- Salina Family YMCA
- YMCA Children’s Center – Lindsborg

**YMCA OF GREATER KANSAS CITY**
- Kansas Branches
  - 8th Street Family YMCA
  - Atchison Family YMCA
  - Bonner Springs Family YMCA
  - Olathe Family YMCA
  - Paul Henson Family YMCA
  - Providence YMCA/Ball Family Center

**YMCA OF HUTCHINSON & RENO COUNTY**
- YMCA of Hutchinson & Reno County

**YMCA OF SOUTHWEST KANSAS**
- Dodge City Family YMCA
- Garden City Family YMCA

**YMCA OF TOPEKA**
- Downtown Branch YMCA
- Kuehne Branch YMCA
- Southwest Branch YMCA
- Camp Hammond
Kansas State Alliance of YMCAs
2016 PUBLIC POLICY PRIORITIES

The Kansas Alliance of YMCAs represents the collective voice and impact of 10 Kansas Y Associations that serve 536,000 Kansans. Kansas Ys work together and in partnership with other organizations and coalitions to strengthen communities by advancing youth development, healthy living, and social responsibility through advocacy, programming and collaboration.

FOR YOUTH DEVELOPMENT
As the largest provider of childcare, preschool and afterschool programs in Kansas, the Y believes that all kids deserve the opportunity to discover who they are and what they can achieve.

*Increase access, affordability and quality of early learning, childcare and after school youth programs and services* to help every child in Kansas reach their full potential.

*Create greater awareness of the education achievement gap that exists in Kansas and explore opportunities for best practice policy implementation and increased funding for out-of-school programs aimed at closing the gap.* One in two Kansas youth come from low-income families and communities, and often start school unprepared. Gaps widen each summer, and students fall farther behind their peers—culminating in low H.S. graduation and college attainment rates, limited job prospects, and negative economic impact.

FOR HEALTHY LIVING
In communities throughout Kansas, the Y is a leading voice on health and well-being. The Y provides programs and opportunities for families to be active together, supports seniors staying strong and living independently, teaches healthy living practices, and fosters connections through fitness, sports, healthy eating, fun and shared interests.

*Expand and promote evidence-based chronic disease prevention programs* that promote quality of life for all, while lessening the burden on the state budget from skyrocketing costs associated with diabetes, heart disease, cancer and arthritis—all of which can be positively affected with evidence-based prevention and management strategies.

*Encourage coverage for evidence-based diabetes prevention programs by KanCare MCOs and the state employee health plan.*

*Increase access to and affordability of healthy foods to all Kansas citizens.*

*Support and adequately fund programs that promote healthy living among seniors, children, and families, including increased access to safe and convenient places to walk, exercise, and play.*

FOR SOCIAL RESPONSIBILITY
The Y is a cause driven organization that provides accessible and affordable services to everyone regardless of their ability to pay. Implementing taxes and fees on charitable organizations limits our ability to relieve the burden of government and provide services to those who need us most.

*Preserve the tax exempt status of charitable organizations and incentives for donating to and volunteering for such organizations.*