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**FOR HEALTHY LIVING**  
 FOR SOCIAL RESPONSIBILITY

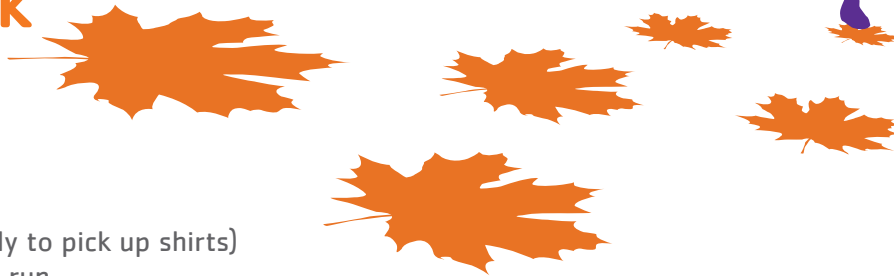


785.825.2151  
 570 YMCA Drive  
 Salina, Kansas 67401  
[www.salinaymca.org](http://www.salinaymca.org)

# RUN GOBBLE NAP

## 31st Annual Turkey Trot BILL BURKE PARK

**THUR. NOV. 22**



Start Time: 8:30 am (arrive early to pick up shirts)  
 Distance: 2 mile walk / 3 mile run  
 Fees: Walk/Run only - \$5 or 2 canned goods  
 Walk/Run w/shirt \$20  
 Location: Jogging/Bike Trails at Bill Burke - We will meet at the South Shelter

Please return shirt order form by **NOVEMBER 8TH** or register online at [www.salinaymca.org](http://www.salinaymca.org) to guarantee a shirt. This will be a non-competitive Fun Walk/Run! No awards will be given. Bring the entire family and BURN OFF those Thanksgiving calories! All canned goods received will be donated to the food bank.

In consideration of this entry, the undersigned, intending to be legally bound hereby for myself, my heirs, executors and administrators, waive and release any and all rights and claims for damages or injuries I may have as a result of said event against the Salina Family YMCA, City of Salina and all volunteers and sponsors for this event. I further warrant that I am physically fit for such an event. Event photos and videos may be used for promotional purposes. The event will be held weather permitting. However, in the event of lightning and/or several weather, the event may be canceled.

YS YM YL AS AM AL XL 2XL (\$3 Extra) 3XL (\$3 Extra)

NAME		DOB	AGE	
ADDRESS		CITY	STATE	ZIP
PHONE	EMAIL	<input type="checkbox"/> RUNNER		<input type="checkbox"/> WALKER
SIGNATURE			DATE	